

# Free Holiday Sports Coaching

At Barrow Upon Soar Methodist Church Hall (using King George Rec too)  
Monday 12th July - Friday 16th July, Monday 26th July - Friday 30th  
July and Monday 9th August - Friday 13th August 09:30-15:30



Finding Fitness



For children aged 5 - 12 years.

This club is free of charge thanks to National Lottery community funding achieved by Barrow Upon Soar Parish Council.

The club will be run by professional sports coaching company, Finding Fitness Ltd. Parents are to pick up and drop off at the church hall, many activities will be done outside on the field and we may use the park for some 'free play'. Qualified sports coaches will coach a variety of sports and games such as Football, Tennis, Kwik Cricket, Basketball, Netball, Ultimate Frisbee and Rounders.

To apply please visit [www.finding-fitness.co.uk/booking](http://www.finding-fitness.co.uk/booking)

